

OPTIMIST CREED

PROMISE YOURSELF-

To be so strong that nothing can disturb your peace of mind

To talk health, happiness and prosperity to every person you meet

To make all your friends feel that there is something in them

To look at the sunny side of everything and make your optimism come true

To think only of the best, to work only for the best, and to expect only the best

To be just as enthusiastic about the success of others as you are about your own

To forget the mistakes of the past and press on to the greatest achievements of the future

To wear a cheerful countenance at all times and give every living creature you meet a smile

To give so much time to the improvement of yourself that you have not time to criticize others

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble